The Heart is one of the most vital organs of the human body. It is very crucial for all of us to understand about this organ, its functionalities and aspects to maintain a healthy heart.

Cardiovascular disease is the leading global cause of death. About 17.9 Million people die every year from these diseases. That is:

* 31% of global deaths
* 49,000 death every day
* One death every 30 seconds.

4TS is committed to improve the awareness of Healthy Heart to the public through our social initiative: Heart Matters

**HEART MATTERS** is a series of informative sessions relating to Heart Health. These sessions are open to general public and are conducted alongside the **4TS 2020 Cardiovascular Conference.** A wide range of topics relating to heart health will be discussed by specialists from across the region.